



2015 MDF Annual Conference

Sept. 18 - 19, 2015 Washington, DC



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Care and a

Community-Led Track

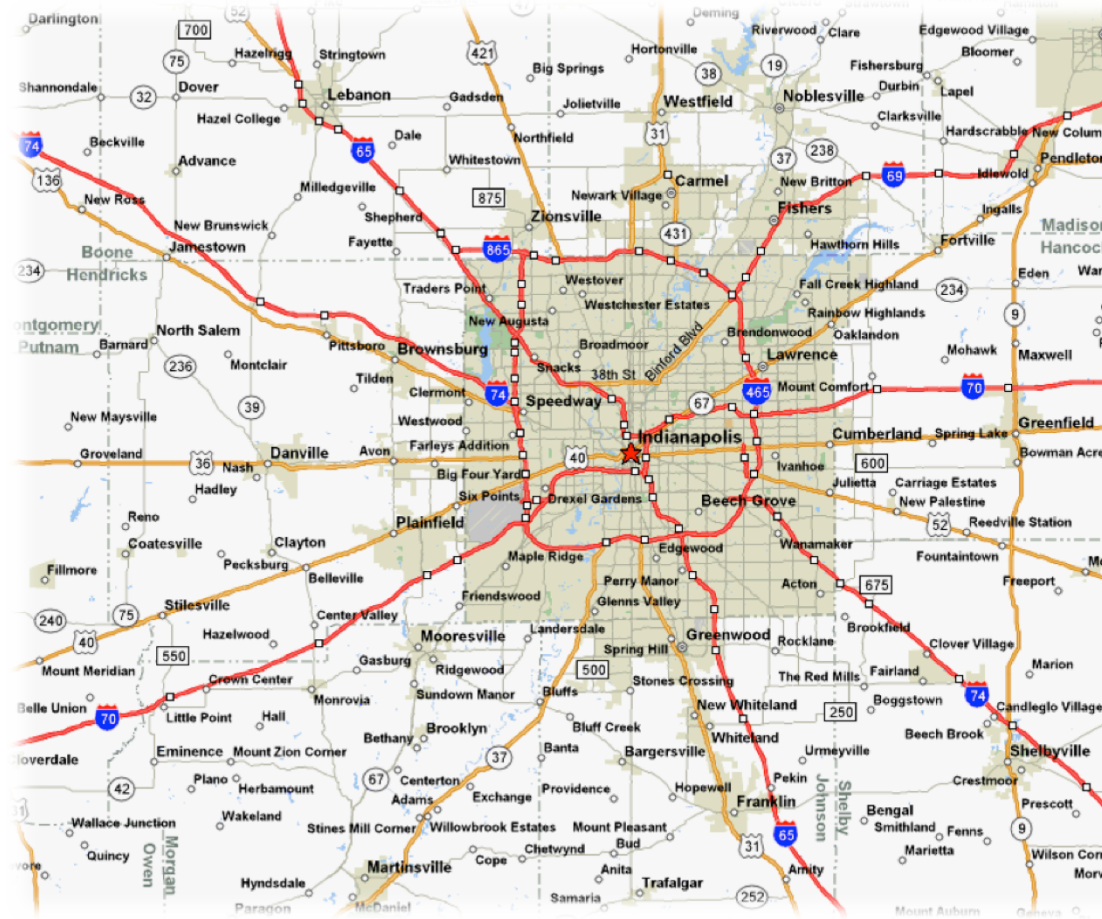
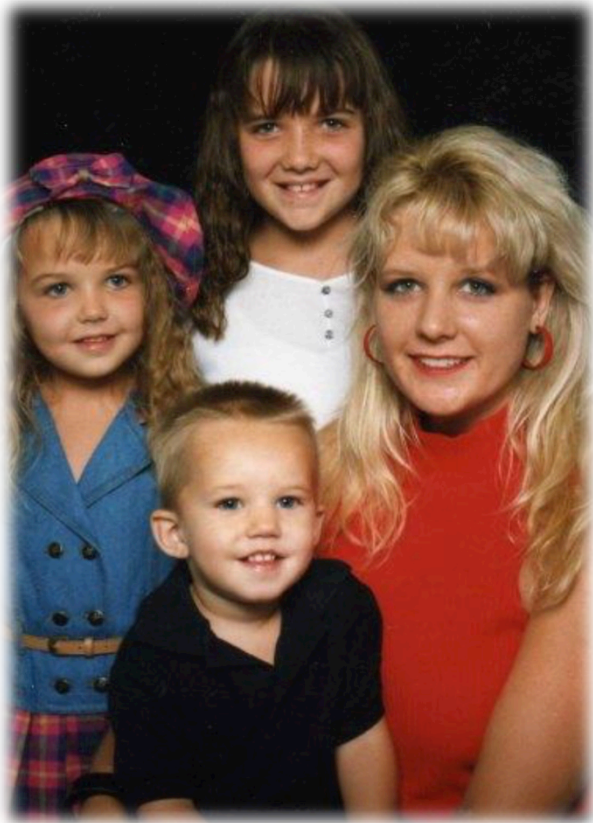
Strategies for Motivating Your Juvenile-Onset Adult Children

Suzette Ison
Denise Millett
Susan Trachtman

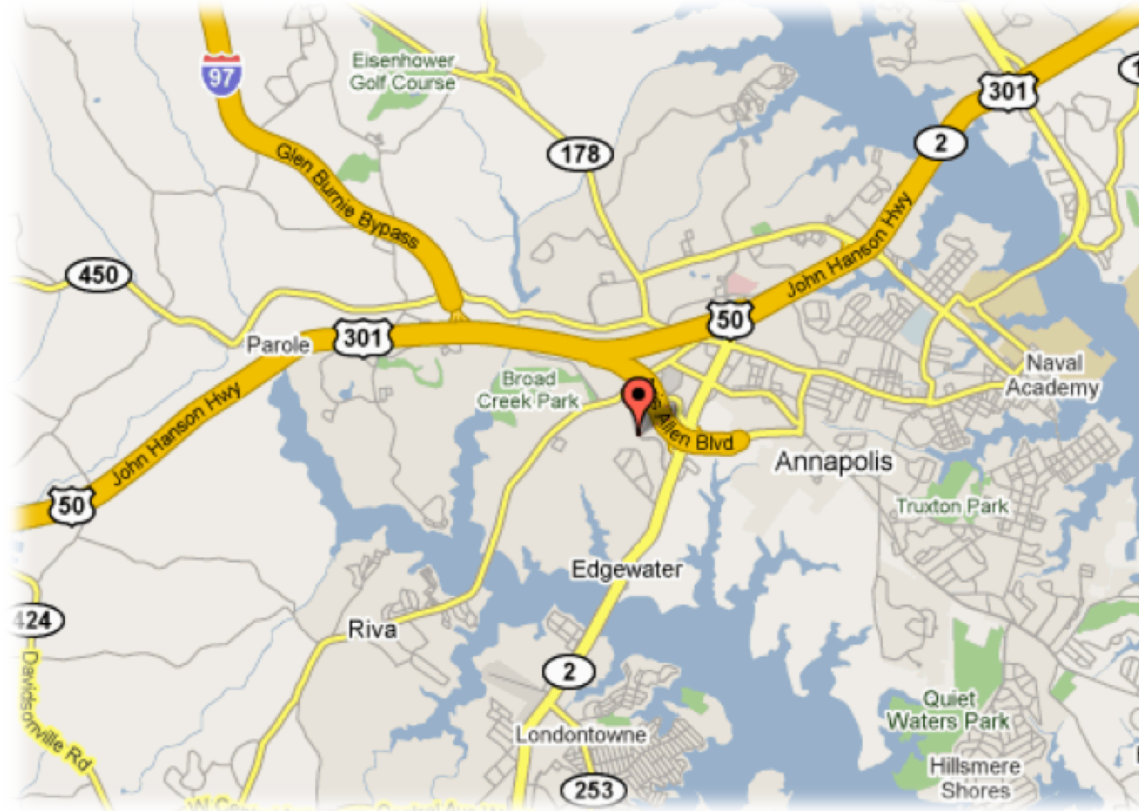
san Trachtman



Suzette Ison



Denise Millett



Earliest Memories...

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What we've learned along the way...

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CURE
MYOTONIC DYSTROPHY







Delaware's Junior Partners in Policymaking 2013 Final Report

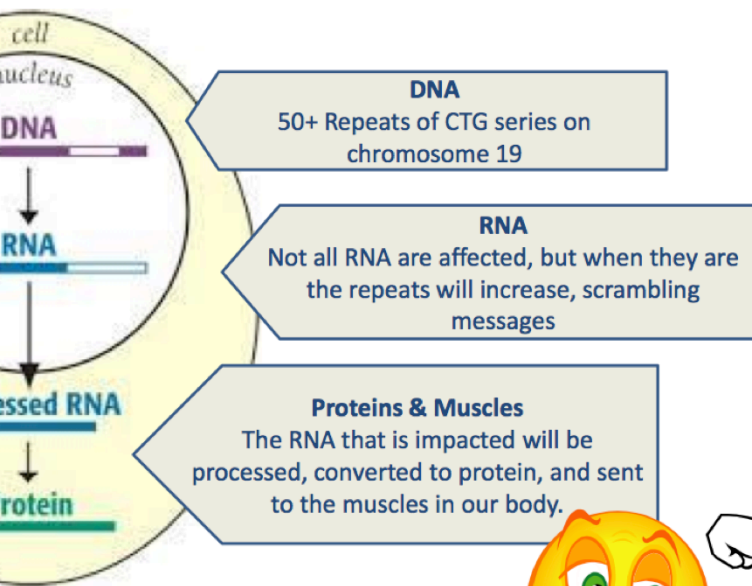


Delaware Junior Partners In Policymaking®

June 16-21, 2013
University of Delaware,
Newark, DE

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Dystrophy: A Scientific Explanation



My life with Myotonic Dystrophy

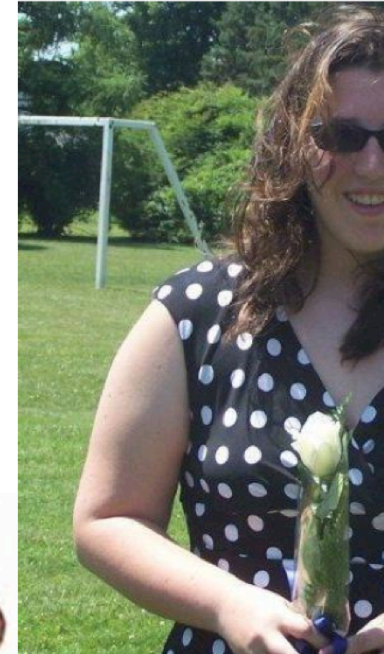
- When I was younger, I didn't even know I had Muscular Dystrophy.
- I learned to read really early, but when I got into first grade I had a lot of problems with writing. None of us knew why, so the teachers told me to try harder.
- We kept trying, but my writing got worse and soon I hated to write. I also had troubles lining up my numbers in math.
- By 5th grade, we didn't know what was going on but we knew I wasn't doing well in school. I went to the Pilot School and they helped me a lot. I stopped hating school, but writing was still hard and I didn't know why.



My life with Myotonic Dystrophy

Two weeks before I started High School, we saw a new doctor. He asked me to squeeze his mallet but my hand got stuck.

This was nothing new to me, but the doctor and my Mom were surprised. He knew right away that this was Myotonic Dystrophy.



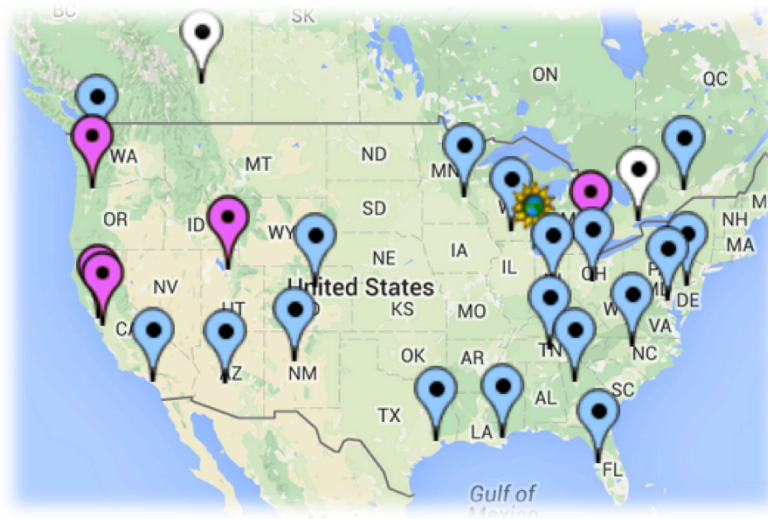




Continue the Conversation

MDF Caregivers Group on Facebook

Face-to-Face MDF support groups throughout U.S., Ottawa, and Switzerland: <http://myotonic.org/find-support>



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