

Delaware

When a family or individual is faced with a progressive condition such as DM1 or DM2 they are often presented with additional financial expenses as well as loss of a steady income. This section attempts to gather financial resources that are available on a state level for persons living in the United States. By no means is this section complete; we invite you to share with us any resources you've identified.

This is an on-going project. We will add more resources as we gather them; please send us resources you know of that are not currently listed.

Please be advised that each organization has its own eligibility and application requirements. None of these organizations are affiliated with the Myotonic Dystrophy Foundation. We hope you will share your experiences with us – let us know if you are successful in finding a good resource to help your family.

Employment

Unemployment Insurance: <https://ui.delawareworks.com/>

Financial

Adopt-A-Family: aids families in crisis- those struggling with illness, homelessness, domestic violence, poverty or unemployment. Includes Adopt-A-Mom, Adopt-A-Student, holiday gift assistance programs, and emergency assistance.

<https://dhss.delaware.gov/dhss/dssc/adoptfam.html>

Community Services Block Grant (CSBG): provides core funding to local agencies to reduce poverty, revitalize low-income communities, and to empower low-income families to become self-sufficient. <https://dhss.delaware.gov/dhss/dssc/comsvcbllgrnt.html>

General Assistance: is a state-funded program designed to provide cash assistance to low-income people who do not qualify for federally funded programs, such as Temporary Assistance for Needy Families (TANF) or Social Security benefits. To check your eligibility, visit <https://dhss.delaware.gov/dhss/dss/genast.html>

The Professional Development Program Early Childhood Education and Training Program: funding is available to help child care providers obtain professional development and education and to help facilitate offset the cost of MAT training. <https://www.ecetp.pdp.albany.edu/> The MAT (Medication Administration Training) Rebate program is designed to help child care providers pay for the cost of taking an Office of Children and Family Services approved MAT training program. <https://www.ecetp.pdp.albany.edu/matgrant.aspx>

Temporary Assistance for Needy Families (TANF): is Delaware's main cash assistance program. The goal of TANF is to give people help until they get a job. Time on TANF is limited for most people. You can get benefits for 36 months, but you must work or participate in work related activities for 30 hours a week to receive a TANF check. To check your eligibility, visit <https://dhss.delaware.gov/dhss/dss/tanf.html>

Food and Nutrition

Children and Adult Care Food Program (CACFP): this is a nutrition education program that partially reimburses child care providers and cost of providing food for the children in their care. <https://delawareopportunities.org/child-adult-care-food-program>

Food Closet: member agencies of the Food Bank of Delaware distribute food to households through food closets and mobile pantry programs in Delaware. All State Service Centers also distribute emergency food to households in need. <https://dhss.delaware.gov/dhss/dssc/comfdnut.html>

Food Supplement Program: Supplemental Nutrition Assistance Program (SNAP) is a food supplemental program that enables low-income families to buy a variety of food that is the basis for better nutrition. <https://dhss.delaware.gov/dhss/dss/foodstamps.html>

WIC (Women, Infants, and Children): provides nutrition education and supplemental food vouchers to eligible infants, children, pregnant women and recently delivered women. <https://dhss.delaware.gov/dhss/dph/chs/chswic.html>

Housing

Emergency Assistance Services: provides funds for rent, utilities and emergency shelter are provided for eligible low-income persons in order to help to maintain self-sufficiency and prevent homelessness. The purpose of Emergency Assistance is to avoid, eliminate or alleviate an emergency condition caused by an unforeseen circumstance resulting in a situation that calls for immediate action. To check your eligibility, visit <https://dhss.delaware.gov/dhss/dssc/emerast.html>

Emergency and Transitional Housing Services: provides transitional housing to homeless individuals and families. These funds provide operational assistance to agencies as they serve families and individuals who are experiencing homelessness. <https://dhss.delaware.gov/dhss/dssc/emerhous.html> Current Shelter and/or Transitional Housing providers can be found by reviewing the Emergency/Transitional Housing Shelter Operations Grant table, which can be found here: http://contracts.delaware.gov/contract_archive_detail.asp?i=2815

Family Self Sufficiency (FSS): is a rental subsidy program designed to help low income persons and families pay their rent. To see its differences from Section 8 housing, visit <https://delawareopportunities.org/housing-assistance-community-development>

Low Income Home Energy Assistance Program (LIHEAP): The Delaware Energy Assistance Program (DEAP) is a federally funded program for low-income families that need in meeting their costs of home energy. LIHEAP programs include help with fuel assistance, crisis assistance, and summer cooling assistance. Income eligibility is defined as 200% of the federal poverty level. <https://dhss.delaware.gov/dhss/dssc/liheap.html>

Section 8 Rental Assistance: rental subsidy program to help low income single persons and families pay their rent, thus allowing them to live in safe, sanitary, and health conditions. <https://delawareopportunities.org/housing-assistance-communitydevelopment>

Medical and Health-related

Children's Community Alternative Disability Program: provides medical coverage to severely disabled children who do not qualify for SSI or other Medicaid qualifying programs because of their parents' income and/or resources. Parents wishing to apply for this program for their child should contact their nearest DMMA Long Term Care Medicaid Unit. <https://dhss.delaware.gov/dhss/dmma/disabledchildren.html>

Delaware Healthy Children Program: is a low cost health insurance program for Delaware's uninsured children. <https://dhss.delaware.gov/dhss/dss/dhcp.html>

Delaware Prescription Assistance Program: has the goal to help pay for prescription medications for elderly and/or disabled individuals who cannot afford the full cost of filling their doctor's prescriptions. The program is designed to aid eligible individuals who have no prescription insurance other than Medicare Part D, and whose income is at or below 200% of the Federal Poverty Level (FPL), or whose prescription costs exceed 40% of their income. <https://www.dhss.delaware.gov/dhss/dmma/dpap.html>

Diamond State Health Plan- Delaware's Medicaid Managed Care Program: Medicaid furnishes medical assistance to eligible low-income families and to eligible aged, blind, and/or disabled people whose income is insufficient to meet the cost of necessary medical services. Medicaid pays for doctor visits, hospital care, labs, prescription drugs, transportation, routine shots for children, mental health and substance abuse services. <https://www.dhss.delaware.gov/dhss/dmma/medicaid.html>

Medicare: public health insurance for people 65 years old and older, individuals with disabilities, and those with ESRD. <https://www.medicare.gov/>

Qualified Individual - 1 (QI-1) Program: under this program, Medicaid pays the Medicare Part B premium only. Your gross monthly income cannot exceed 135% of the Federal Poverty Level. <https://www.dhss.delaware.gov/dhss/dmma/qmb.html>

Qualified Medicare Beneficiary Program (QMB): if you are entitled to Medicare benefits and have a low income, the DMMA may pay your Medicare premiums and, in some cases, other out-of-pocket expenses such as deductibles and coinsurance. Individuals must be entitled to Medicare Part A to qualify for any of these programs. Under this program Medicaid pays for Medicare Part A hospital premium, Medicare Part B premium, Medicare Part A hospital deductible, the annual Part B deductible, and the 20% coinsurance. <https://www.dhss.delaware.gov/dhss/dmma/qmb.html>

Specified Low Income Medicare Beneficiary (SLMB) Program: under this program, Medicaid pays for the Medicare Part B premium only. Your gross monthly income cannot exceed 120% of the Federal Poverty Level. <https://www.dhss.delaware.gov/dhss/dmma/qmb.html>

Transportation

Medicaid Transportation: is provided to individuals on Medicaid for health related appointments and to senior citizens for medical appointments. Limited transportation is available for low income people without vehicles to apply for services, secure employment, or in emergency situations. For Medicaid transportation requests call 1-866-753-4434. <https://delawareopportunities.org/transportation>

Additional Resources

ChildCare.gov Financial Assistance Resource List:

<https://www.childcare.gov/stateresources?state=13&type=202>

Delaware Helpline (2-1-1): provides toll-free and referral to needed services in Delaware. Dial 2-1-1. <http://www.delaware211.org/>