

# July 2014 Volume 1 MDF Dispatch



MYOTONIC  
DYSTROPHY  
FOUNDATION



## Christian and Kelly Lundy Help Others with DM Find Support

In November of 2012, Christian Lundy of Ottawa, Canada was hospitalized with pneumonia. With his wife Kelly at his side, Christian endured weeks of hospitalization and intubation. Doctors became worried when Christian didn't improve as quickly as expected and began to take a closer look at the possible reasons for his slow recovery. To read more about the Lundys and their DM journey, [click here](#).

## Scientific and Clinical Community Provides Valuable Guidance: Dr. Darren Monckton

Dr. Darren Monckton is an internationally-known DM researcher who provides valuable information to the MDF community. Check out his [videos](#) on DM and anticipation, and register for his upcoming webinar that will explore the significance of CTG repeats for people with DM and how to understand blood test results. [Click here](#) to read more.



## Grandparents Campaign: Sign-Up by August 7

If you are the grandparent of a child with DM, we invite you to join our Grandparents Campaign, to create a brighter future for your family and others. As a participant in the Grandparents Campaign you will receive personalized fundraising cards that can be emailed or printed for your network of family and friends. The postcard includes a picture of your grandchild and your family's story. Last year's campaign was a tremendous success and raised \$80,990 for DM research.

"Raising awareness about DM and how it affects families everywhere is an important part of advocacy,"

says Aly Galloway, MDF Community Engagement Manager. "I encourage grandparents in our community to give the campaign a try. It can be a fun activity, and we make it as easy as

possible." Help us make this year's campaign a success! [Click here](#) for more information.

**Reminders:**

Support Groups this Saturday in [Columbus OH](#), and [St. Louis, MO](#)  
[Medical School Roadshow training July 14](#)  
[Darren Hanson is running 100 miles for DM! Read more about his journey!](#)  
[Submit your dysphagia recipes in MDF's Dysphagia Recipe Contest](#)

Join the community! Follow us on:



Phone: 866-968-6642 or 415-800-7777    Email: [info@myotonic.org](mailto:info@myotonic.org)  
[www.myotonic.org](http://www.myotonic.org)