



## MDF on the Road: Fall 2013

Most days you will find the MDF team in our San Francisco office, driving initiatives focused on **Care** and a **Cure** for myotonic dystrophy. Occasionally, though, MDF attends conferences and other events to advocate for DM treatments and raise funds for research and community support programs. [Click here](#) to read more about our fall activities.

## Latest Webinars Shed Light on Specific DM Challenges

In September and October two webinars were held as part of MDF's Living with DM webinar series. These webinars focus specifically on issues of concern to our DM community. To read **summaries** of the "Disclosing and Talking About Your Disorder" webinar or the "Treatments Options for Pain" webinar, [click here](#). To watch the videos directly, [click here](#) to visit our **Digital Academy**.



## How Support Groups Can Make a Difference

You're probably familiar with TeamMDF - our corps of volunteers doing everything from driving community participation in patient registries to hosting grassroots fundraisers.

Another way you can make a difference in our MDF community is by volunteering to launch and facilitate a support group in your local community. [Click here](#) to read more about what this involves and how MDF can help you get one started.

## MDF Reminders and Updates:

- **Caregiver Month:** November is National Family Caregivers Month! There's still time to submit your caregiver's photo and information to be featured on our website. To learn more or to submit your caregiver's information, [click here!](#)

- **MDF 2013 Annual Conference Livestream Confirmed:** MDF is pleased to announce that we will be livestreaming sessions of the Annual Conference on Nov. 8-10. The live footage will be available through our website for the global DM community. To learn more about the Annual Conference or to check out the program, [click here](#). Go to the MDF home page at 1



PM Central time on November 8th and click on the link to watch the livestream.

- **Grandparents Day Campaign a Huge Success:** Thank you to all the generous donors who contributed to the Grandparents Campaign! It was an enormous success, raising nearly \$80,000 for research and community support programs. [Click here](#) to read the stories of the families who participated in this campaign. aren

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