# MYOTONIC DYSTROPHY CLINICAL RESEARCH NETWORK



# **CONTACT:**

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# **Active DMCRN Natural History Studies**

# Establishing Biomarkers and Clinical Endpoints in Myotonic Dystrophy Type 1 (END-DM1)

This is an observational study following DM1 patients at 3-4 visits over 24 months.

#### **Inclusion Criteria:**

- 18-70 years old at time of enrollment
- Clinical diagnosis of DM1 or positive genetic test

#### **Exclusion Criteria:**

- Symptomatic renal or liver disease, uncontrolled diabetes or thyroid disorder, or active malignancy other than skin cancer
- Current alcohol or substance abuse
- Concurrent enrollment in clinical trial from DM1 or participation in the past 6 months of enrollment
- Pregnancy at any time point of participation
- Concurrent medical condition that would compromise participation or safety

\*Non-ambulatory participants are not excluded, but limited to 15% of total enrollment

### Assessing Pediatric Endpoints in DM1 (ASPIRE-DM1)

This is an observational study following CDM/ChDM patients at 4 visits over 18 months.

#### **Inclusion Criteria:**

- Neonate to 4 yrs, 11 mos at time of enrollment
- Diagnosis of CDM or ChDM, both symptomatic and genetically confirmed

#### **Exclusion Criteria:**

- Any other illness that would compromise participation or safety
- Significant trauma within 1 month of enrollment
- Internal metal or devices
- History of bleeding disorder or platelet count <50,000</li>
- History of reaction to local anesthetic

## **DMCRN Sites**

Contact Jennifer or Ruby for which sites are actively recruiting for END-DM1 and ASPIRE-DM1 studies.

#### **NORTH AMERICA**

HOUSTON METHODIST RESEARCH INSTITUTE

THE OHIO STATE UNIVERSITY

STANFORD UNIVERSITY

**UNIVERSITE DE SHERBROOKE - QUEBEC** 

**UNIVERSITY OF CALIFORNIA, LOS ANGELES** 

**UNIVERSITY OF CALIFORNIA, SAN DIEGO** 

UNIVERSITY OF COLORADO, DENVER

UNIVERSITY OF FLORIDA

UNIVERSITY OF IOWA

UNIVERSITY OF KANSAS

**UNIVERSITY OF ROCHESTER** 

**UT SOUTHWESTERN** 

VIRGINIA COMMONWEALTH UNIVERSITY

#### **EUROPE**

**CENTRO CLINICO NEMO** 

**INSTITUT DE MYOLOGIE - PARIS** 

FRIEDRICH-BAUR INSTITUT - LMU MUNICH

**RADBOUD UNIVERSITY - NL** 

ST. GEORGE'S, UNIVERSITY OF LONDON

**UNIVERSITY COLLEGE LONDON** 

**NEW ZEALAND** 

UNIVERSITY OF AUCKLAND