

# 2026 MDF Regional Conference

In Partnership with Wake Forest University School of Medicine



Wake Forest University  
School of Medicine



Myotonic  
Dystrophy  
FOUNDATION

April 25th	Ballroom (Room 401)	Room 409	Room 410
8:30 - 10:00 AM	Check In Opens		
9:00 - 10:00 AM	Breakfast		
10:00 - 10:45 AM	Welcome & Introduction		
10:45 - 11:00 AM	Break		
11:00 - 11:45 AM	Clinical Trials & Emerging Treatments		
11:45 - 12:00 PM	Break		
12:00 - 12:45 PM	DM1 Overview	DM2 Overview	Congenital DM Overview
12:45 - 1:45 PM	Lunch		
1:45 - 2:30 PM	Keeping Your Heart in Check: DM's Impact & Care Tips	Genetics Unveiled: Understanding Testing, Counseling and Family Conversations	Navigating Benefits, Work, and Support: Practical Resources for Living with DM
2:30 - 2:45 PM	Break		
2:45 - 3:30 PM	DM Research Highlight	Life Hacks Community Panel	
3:30 - 3:45 PM	Break		
3:45 - 4:00 PM	Movement Moment		
4:00 - 5:00 PM	Industry Updates		
5:00 - 5:15	Break		
5:15 - 6:00 PM	Stump the Doctor: DM1	Stump the Doctor: DM2	
6:00 - 7:00 PM	Reception & Networking		