

2026 MDF Regional Conference

In Partnership with Stanford Division of Neuromuscular Medicine



April 25th	Berg Hall	LK 101/102	LK 203/204	LK205/206	LK208
8:30 - 10:00 AM	Check In Opens				
9:00 - 10:00 AM	Breakfast				
10:00 - 10:45 AM	Welcome & Introduction				Quiet Space
10:45 - 11:00 AM	Transition				
11:00 - 11:45 AM	Clinical Trials & Emerging Treatments				
11:45 - 12:00 PM	Transition				
12:00 - 12:45 PM	DM1 Introductory Session	DM2 Introductory Session	Understanding the Central Nervous System in Adult-onset DM	DM & the Developing Brain	
12:45 - 1:45 PM	Lunch				
1:45 - 2:30 PM	Keeping Your Heart in Check: DM's Impact & Care Tips	Managing Speech Needs & Swallowing with DM	Brain Health in DM: Brain Health Research & What AI Is Teaching Us	Life Hacks: Community panel	Quiet Space
2:30 - 2:45 PM	Transition				
2:45 - 3:30 PM	Managing Sleep Issues with DM	Understanding GI Issues in DM: Symptoms, Management, & Quality of Life	Exercise and DM: Moving Safely Toward Strength & Function	Managing Medical Emergencies in DM	
3:30 - 3:45 PM	Transition				
3:45 - 4:00 PM	Movement Moment				
4:00 - 5:00 PM	Industry Updates				
5:00 - 5:15 PM	Transition				
5:15 - 6:00 PM	Stump the Doctor: DM1 & DM2				
6:00 - 7:00 PM	Reception & Networking				