

# 2026 MDF Regional Conference

In Partnership with Wake Forest University School of Medicine



May 2 <sup>nd</sup>	Ballroom (Room 401)	Room 409	Room 410
8:30 - 10:00 AM	Check In Opens		
9:00 - 10:00 AM	Breakfast		
10:00 - 10:45 AM	Welcome & Introduction		
10:45 - 11:00 AM	Break		
11:00 - 11:45 AM	Clinical Trials & Emerging Treatments		
11:45 - 12:00 PM	Break		
12:00 - 12:45 PM	DM1: What You Need to Know	DM2: What You Need to Know	Myotonic Dystrophy in Childhood
12:45 - 1:45 PM	Lunch		
1:45 - 2:30 PM	How Myotonic Dystrophy Affects the Heart	Navigating Genetic Testing for Myotonic Dystrophy	Living with DM: Resources for Work, Disability, and Support
2:30 - 2:45 PM	Break		
2:45 - 3:30 PM	Wake Forest DM Research Showcase	Life Hacks Community Panel	
3:30 - 3:45 PM	Break		
3:45 - 4:00 PM	Movement Moment		
4:00 - 5:00 PM	Industry Updates		
5:00 - 5:15	Break		
5:15 - 6:00 PM	Stump the Doctor: DM1	Stump the Doctor: DM2	
6:00 - 7:00 PM	Reception & Networking		